

GOAL

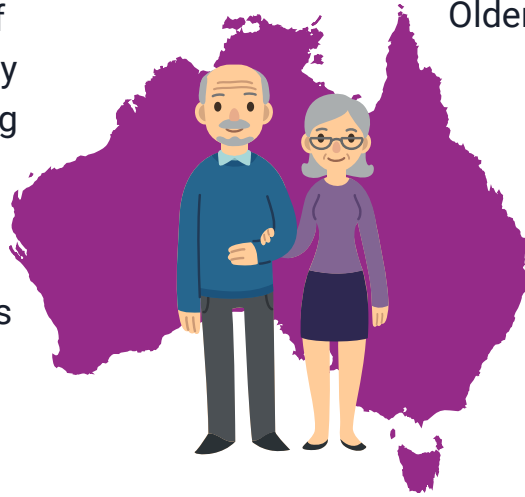
ENHANCING PATIENT-CENTRED CARE

The GOAL Trial

Doctors and researchers are studying how to improve the health and wellbeing of frail older people with chronic kidney disease

In Australia, the number of patients with chronic kidney disease (CKD) is increasing

Older people with CKD often have complex health problems



Older patients with CKD are often more frail

Everyone has different needs and goals

Care and treatment should be tailored for each individual

Researchers are trying to find out if a detailed review by a geriatrician (a specialist in the care of older people) can help patients improve their quality of life and life goals

The detailed medical review is called a 'Comprehensive Geriatric Assessment'



In this clinical trial half the patients will receive a review with a geriatrician and the other half will receive their usual care



You will be asked to set some personal goals.

After 3, 6 and 12 months, we will review your goals with you and ask you to complete a short survey.

We will collect medical information from your hospital records and during your clinic visits.



Contact your kidney doctor or their team for further information